

March 2024							
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April 2024							
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	May 2024							
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## **High School Lunch**

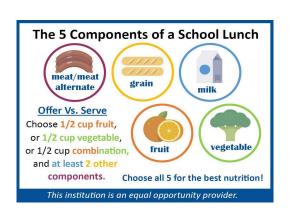
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Drumstick <b>OR</b> Turkey Gravy Garlic Knot Mashed Potatoes & Gravy Baby Carrots Diced Peaches	Crispito <b>OR</b> Italian Chicken Sandwich Fiesta Beans Pepper Strips Sliced Apples	Original <b>OR</b> Spicy Chicken Patty WG Bun Crinkle Fries Grape Tomatoes Strawberry Pomegranate Slushie	Italian Bake Pasta <b>OR</b> Scrambled Eggs WG Cinnamon Roll Baja Veggies Romaine Salad w/ Ranch Chilled Pears	Eagle Bread <b>OR</b> Managers Choice Corn Mixed Fresh Veggies Banana
Week 2	Calzone <b>OR</b> Chicken and Biscuit Steamed Broccoli Wango Mango Applesauce	Hot Ham and Cheese <b>OR</b> Totchos Dinner Roll Fresh Broccoli and Cauliflower Fruit Cocktail	BBQ Rib Sandwich <b>OR</b> Breaded Turkey Dill on WG Bun Ranchero Beans Cucumber Slices Cinnamon Apples	Bosco Sticks <b>OR</b> Chicken Alfredo Garlic Toast Green Beans Romaine Salad W/ Italian Mandarin Oranges	Pizza Crunchers <b>OR</b> Managers Choice Steamed Carrots Mixed Fresh Veggies Blueberries and Strawberries
Week 3	Mozzarella Sticks <b>OR</b> Popcorn Chicken Corn Celery Sticks and Carrots Sliced Pears	Walking Taco <b>OR</b> Chicken Quesadilla Refried Beans Lettuce and Tomato Raisels	Cheeseburger <b>OR</b> Beef and Bean Burrito Ranch Potato Wedges Carrots Diced Peaches	Chris P Chicken Sandwich <b>OR</b> Mac and Cheese Steamed Peas Romaine Salad w/ Ranch Orange Slices	Stuffed Crust Pizza <b>OR</b> Managers Choice Potato Smiles Mixed Fresh Veggies Pineapple

Alternate Entrées: Pre-packaged reimbursable variety of salads, wraps, sandwiches, PBJ Combo/ String cheese, and bento boxes are offered daily.

Choice of low-fat white, non-fat white, non-fat chocolate milk and water offered daily. Whole fresh fruit offered daily in addition to the menued fruit. All whole grain products.

Questions or Concerns?
Contact Amanda at <u>durflingeramanda@saydel.net</u>

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**Sydel High School Alternative Lunch** 

Week 1	Week 2	Week 3
Rockin Chicken Caesar Salad	Chef Salad	Chicken Bacon Ranch Salad
Bento Box: Hard Boiled Egg, Cheese Cubes and WG Crackers	Pizza Munchable	Italian Combo Sub
PB&J with String Cheese and WG Goldfish Crackers	PB&J with String Cheese and WG Goldfish Crackers	PB&J with String Cheese and WG Goldfish Crackers

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